



## *Taylor Hospice's Educational Seminars*

Hospice is a program of care that is designed to address the needs of our patients while focusing on quality of life -- peace, comfort and dignity. Utilizing our multidisciplinary team of nurses, social workers, therapists, chaplain, home health aides and volunteers, Taylor Hospice will provide you and your loved ones with the compassion and comfort you deserve.

***Taylor Hospice will provide a full range of expertise and experience from which to address your group. As part of our mission of providing education to the community, all speaking engagements are provided free of charge.***

### **Understanding Hospice Care**

Our most frequently requested program provides an informative overview of the hospice philosophy, criteria for admission, the care and support services provided to patients and their families, and reimbursement issues.

### **Supporting the Needs of the Patient**

In addition to physical requirements, the needs of the dying individual also include a need for emotional and spiritual support. Participants will learn ways to provide support and communicate compassion to the individual while maintaining their dignity and independence.

### **Advanced Directives**

Advanced Directives should reflect both ethical and clinical guidance for treatment preferences in end-of-life situations. The "Five Wishes" document will be examined as a model.

### **Children and Grief**

This seminar will focus on understanding the ways in which children experience grief and how developmental stages impact the grief process

### **Stress Management Series**

#### **Food and Your Mood**

"Chocolate makes you happy" "Fish is brain food" "Breakfast helps you concentrate" You have heard all of the old adages, but which is fact and which is fiction? Learn how what you put on your plate can impact your emotional health and cognitive abilities.

#### **Music Therapy**

Music Therapy is a powerful tool, that aids in the alleviation of emotional and physical stress. This form of therapy can greatly enhance ones feeling of well-being.

#### **Art Therapy**

Art Therapy is based on the belief that the creative process of art is both healing and life-enhancing. Art therapists use the creative process to work through issues that come up during art therapy and help their clients increase insight and judgment, cope better with stress, work through traumatic experiences, increase cognitive abilities, have better relationships with family and friends, and to just be able to enjoy the life-affirming pleasures of the creative experience.

The duration of each seminar is approximately 60 minutes.

#### **Coping with Grief and Loss**

Various aspects of grief and bereavement will be discussed. Diverse cultural and religious beliefs regarding death and dying will be examined as well as the rituals and practices observed to honor the deceased.

#### **When Grief Touches the Workplace**

Grief and loss can have a powerful impact on the work environment in a variety of ways. Participants will explore helpful ways to support a grieving co-worker.

#### **Pain Management**

An introduction to pain management from a clinical perspective. Participants will learn appropriate assessment techniques, useful resources for addressing pain, and understand the common barriers to effective pain management. (Reserved for healthcare professionals)

#### **Caring for the Caregiver**

The importance of self-care for the caregiver will be discussed along with helpful ways to offer support to someone serving as the primary caregiver of a chronically or seriously ill loved one.

## Mission Statement

*Taylor Hospice, a trusted community-based, non-profit organization, provides compassionate support to help patients live with hope while coping with grief and end-of-life issues. Our hospice team strives to ensure all patients maintain dignity and quality of life.*

*Our goal is to provide physical, emotional, and spiritual comfort. We empower the patient and family by providing them with the tools, information and support they need to make informed decisions. We provide ongoing support for families and friends during their bereavement.*

*We are committed to educating patients, families, health care providers and the community regarding the special needs and care of the terminally ill.*

*Taylor Hospice is dedicated to making hospice care available to all terminally ill patients in the geographic service area regardless of race, creed, gender or ability to pay.*



Taylor Hospice  
"Caring for the community"



**Taylor**  
**HOSPICE**  
Comfort, Compassion &  
Commitment to Quality

A trusted  
community based  
not-for-profit  
hospice since 1986

Please call for more  
information or  
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**610-521-5822**



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# Taylor HOSPICE

## Educational Seminars



A  
Service  
to  
our  
Community